

## MEDICAL, SURGICAL, COSMETIC & LASER DERMATOLOGY

### EFUDEX

This cream is applied to skin that has been severely sun-damaged, and is used as a therapy to treat multiple skin-cancers at once.

If the treatment area has been biopsied or sprayed with liquid nitrogen wait until the skin has fully healed (ie: no scabs from a biopsy, no blisters from liquid-nitrogen treatment – can take 2-3 weeks to heal) then begin the Efudex treatment.

#### EFUDEX PROTOCOL:

1. Start applying the cream 2 times daily (AM & PM) for four weeks.
  - It does not need to be 4 weeks consecutively
  - Take breaks and let the skin heal as needed (ie. 1 week on, 1 week off)
  - Mark the days you have used the cream on a calendar to keep track

A blistering reaction is anticipated and to be expected. If a blistering reaction occurs, proceed with the following aftercare:

1. Wash with soap and warm water or a saline rinse
2. Gently pat dry with a clean towel
3. Apply a layer ointment to the treatment area (Fucidin, Aquaphor, Vaseline or Polysporin)
4. Repeat these steps daily until healed.
5. Continue Efudex treatment if applicable

**\*\*Avoid application around/near eyes**

**\*\*Wash hands after application**

