

MEDICAL, SURGICAL, COSMETIC & LASER DERMATOLOGY

Efudex & Dovonex Treatment Protocol

This treatment is applied to skin that has been severely sun damaged, and is used as a therapy to treat pre skin cancers and surface level skin cancers.

If the treatment area has been biopsied or sprayed with liquid nitrogen wait until the skin has fully healed (ie: no scabs from a biopsy, no blisters from liquid nitrogen) – it can take 2-3 weeks to heal, then begin the treatment protocol.

This protocol can be used as a spot treatment or to treat a full area like face or scalp. If a full area has been suggested you can start with one small area at a time. For example, if you are treating the full face, you can start with 1 cheek, then allow that to heal and continue treating the rest of the sections of the face. Alternatively, you can treat the entire face at one time, this may be painful and require more after care.

Efudex & Dovonex protocol:

1. Apply a thin layer of Efudex to treatment area. Allow the cream to absorb (1-2 minutes).
2. Apply a thin layer of Dovonex on top.
3. Wash your hands.
4. Repeat Am and Pm daily for 5 days.

A blistering or sun burn like reaction is expected. If this reaction does not occur the area may not a pre skin cancer or skin cancer, but can be assessed at your next appointment. If this reaction occurs after the 5 days of treatment, proceed with the following aftercare.

1. Wash area with gentle soap and water or saline rinse.
2. Gently pat dry with a clean towel.
3. Apply a layer of ointment like; Aquaphor, Vaseline, Fucidin or polysporin.
4. Repeat these steps twice daily until healed.

If you have an area that wasn't suggested to treat but is suspicious (red, flakey, non-healing lesion) you can proceed with this treatment protocol.